

FUTURE PROJECTS BASELINE ACTIVITY PROGRAMME

2014	Monday	Tuesday	Wednesday	Thursday	Friday	Weekend
July	Baseline Drop In 11.00 am– 1.00pm Hi Jacks Stilt Walking Group 6.30 – 8.00pm Contact Jade	Stonham Drop in 1.30 – 4.30pm	Baseline Drop In 11.00 am – 1.00pm Gardening Group 1.00– 2.30 pm Future Motum Road Contact Grace Recovery Café 4.30 – 7.30 pm Contact Laura	Baseline Drop In 11.am – 1.00pm Coffee Morning 10.00 – 2.00pm Yoga 11.00 – 12.00 am Arts and Crafts 12.30 – 2.00 pm Mobile Library 11.00 – 12.00 3 rd , 17 th and 31 st	Stonham Drop in 9.30am – 12.30pm Fun Fit Buggy Workout 9.30 – 10.30 am Job Club 9.30 – 1.30 pm	Lord Mayor's Procession Sat 5 th July
August	Baseline Drop In 11.00 am– 1.00pm Hi Jacks Stilt Walking Group 6.30 – 8.00pm Contact Jade	Stonham Drop in 1.30 – 4.30pm	Baseline Drop In 11.00 am – 1.00pm Gardening Group 1.00– 2.30 pm Future Motum Road Contact Grace Recovery Café 4.30 – 7.30 pm Contact Laura	Baseline Drop In 11.00 am – 1.00pm Coffee Morning 10.00 – 2.00pm Yoga 11.00 – 12.00 am Arts and Crafts 12.30 – 2.00 pm Mobile Library 11.00 – 12.00 14 th and 28 th	Stonham Drop in 9.30am – 12.30pm Fun Fit Buggy Workout 9.30 – 10.30 am Job Club 9.30 – 1.30 pm	
September	Baseline Drop In 11.00 am– 1.00pm Hi Jacks Stilt Walking Group 6.30 – 8.00pm Contact Jade	Stonham Drop in 1.30 – 4.30pm	Baseline Drop In 11.00 am – 1.00pm Computer Course 9.30 – 11.30 am Starting 17 th Sept Gardening Group 1.00– 2.30 pm Future Motum Road Contact Grace Recovery Café 4.30 – 7.30 pm Contact Laura	Baseline Drop In 11.00 am – 1.00pm Coffee Morning 10.00 – 2.00pm Yoga 11.00 – 12.00 am Arts and Crafts 12.30 – 2.00 pm Mobile Library 11.00 – 12.00 11 th and 25 th	Stonham Drop in 9.30am – 12.30pm Fun Fit Buggy Workout 9.30 – 10.30 am Job Club 9.30 – 1.30 pm	

Contacts :- Laura Bloomfield 01603 271331 07920 422610 Grace Richardson 01603 271331 07917 885865 Jade Smith 07847 619029